



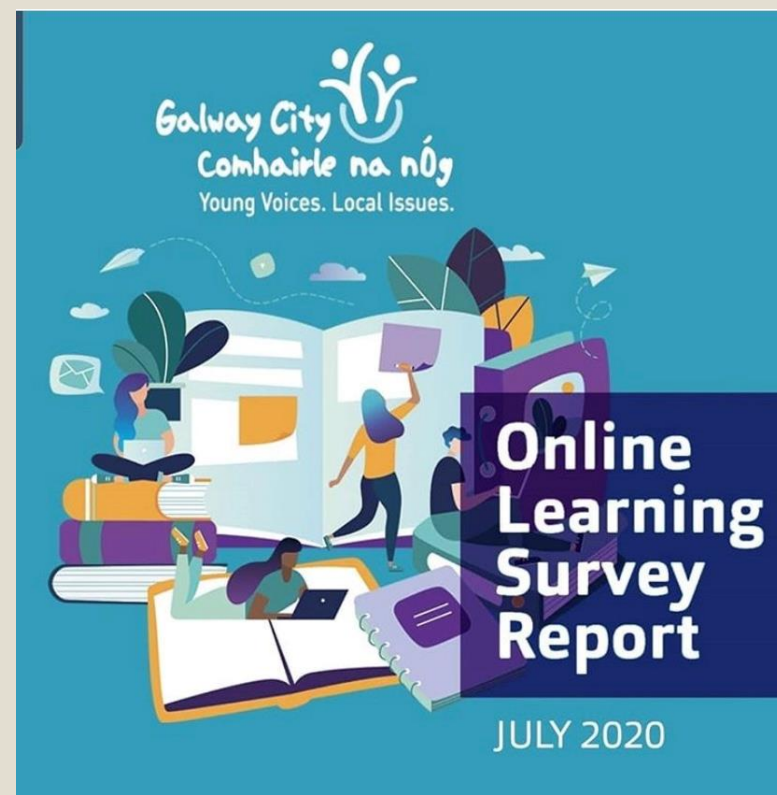
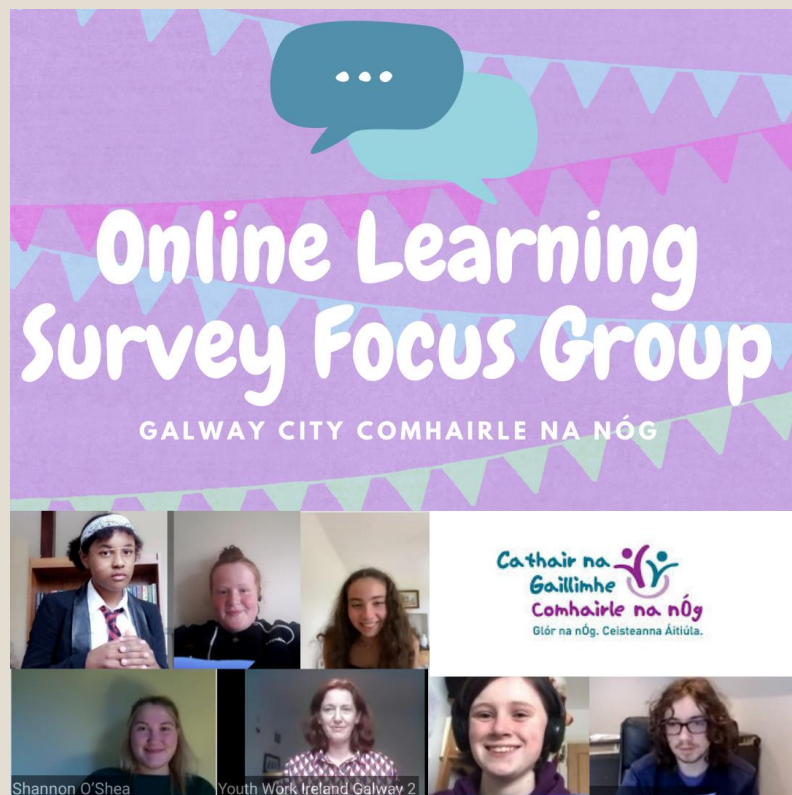
GALWAY CITY COMHAIRLE NA NÓG REGIONAL NETWORKING PRESENTATION

7th April 2021



THE GALWAY CITY COMHAIRLE NA NÓG
COMMITTEE HAVE WORKED ON THE
TOPIC OF MENTAL HEALTH IN 2020 AND
IT WAS VOTED ON AGAIN AS OUR TOPIC
IN 2021

Some of the activities we did in 2020: Online Learning Survey



We came up with inventive ways to raise awareness for our topic of Mental Health



1st Place- Kieran

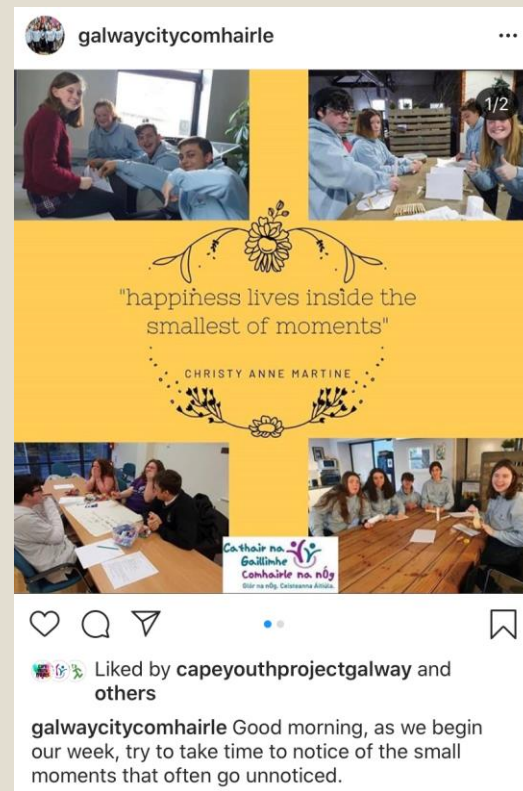


2nd Place- Evie



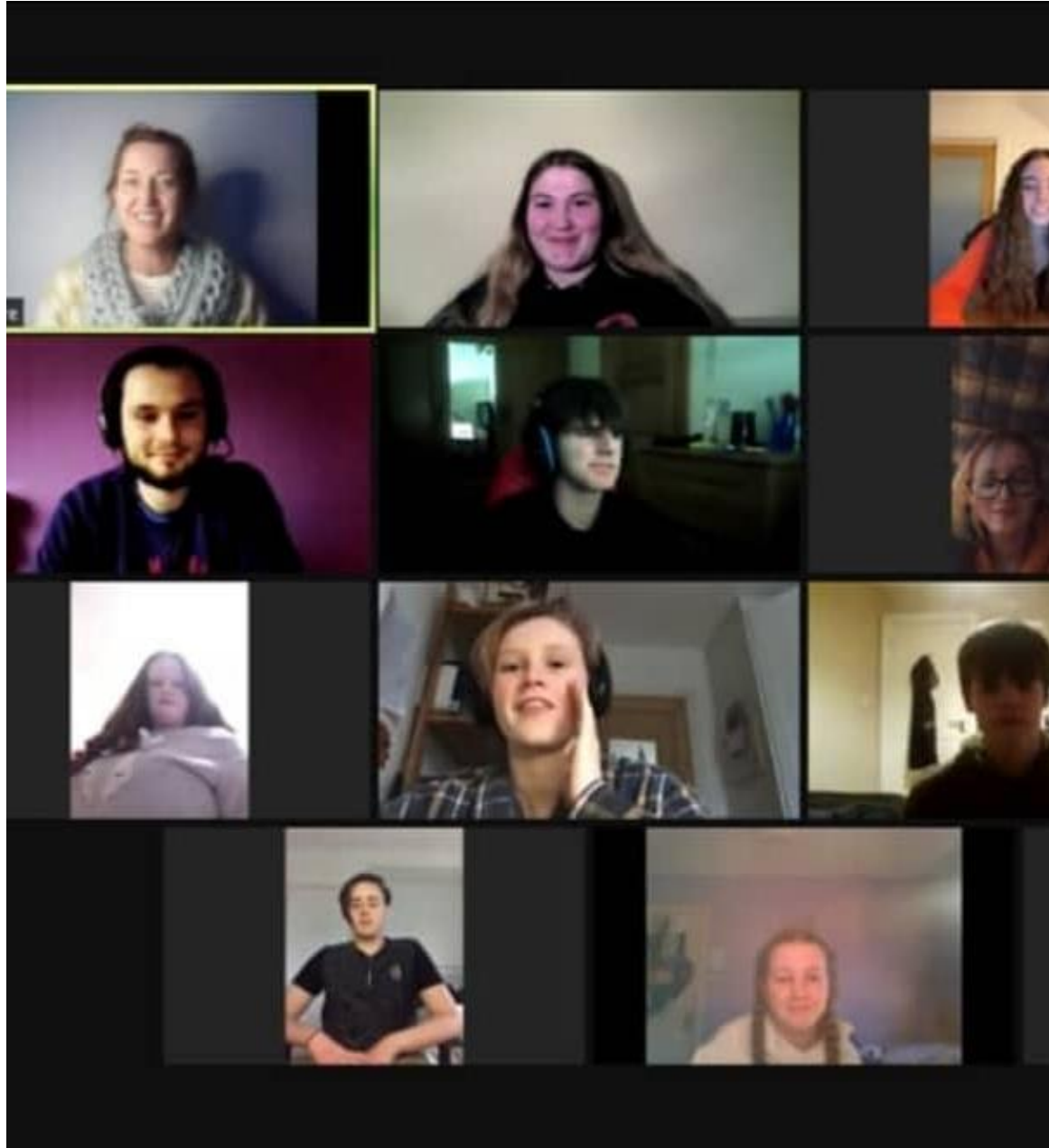
3rd Place- Gerda

We shared positive messages on our social media platforms



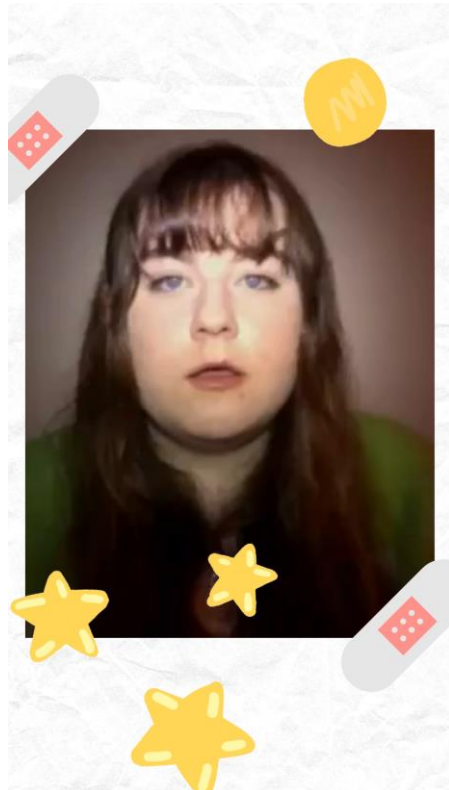
The main focus for our topic this year will be '**Invisible Disabilities**', the committee will work with NUIG School of Education to look at universal design in teaching to try and meet the needs of young people with invisible disabilities in the classroom. This work will begin in April after the Easter break.

Mental Health 2021



Mental Health 2021

The committee are developing a podcast series to raise awareness of mental health and are organising interviewees to speak on their podcast. We hope to interview young people, professionals who work in the area of mental health, youth workers.



Mental Health 2021

Committee members participated in a consultation for Youth Work Ireland Galway on their Youth Mental Health booklet, with a focus on the youth section and one member created a short video for social media to raise awareness of the free youth counselling service for young people 12-21 years.

Mental Health Workshop



Cathair na
Gaillimhe
Comhairle na nÓg
Glór na nÓg, Ceisteanna Áitiúla.

Mental Health 2021

Committee members participated in a Youth Wellness Workshop with Let's Get Talking Galway over the weekend of the 20th of March and 27th of March. The workshop was very informative

We have continued to use our platform to spread awareness of activities for young people during lockdown

LOOKING FOR SECONDARY SCHOOL STUDENTS!

We are looking for secondary school students between the ages of 15 and 18 years to participate in our research about student wellbeing and social support systems.

This study will involve taking part in an anonymous online interview.

Please contact Anna Keller at a.keller2@nuigalway.ie or 0896161252 if you are interested.



NUI Galway
OÉ Gaillimh

Thank you!



Galway City Museum

"PASS IT ON"

Pandemic Project



Have you got skills or pandemic survival tips to share? Make a short demo video and Pass It On!

ALL VIDEOS SHOULD BE SENT TO:
MUSEUM@GALWAYCITY.IE

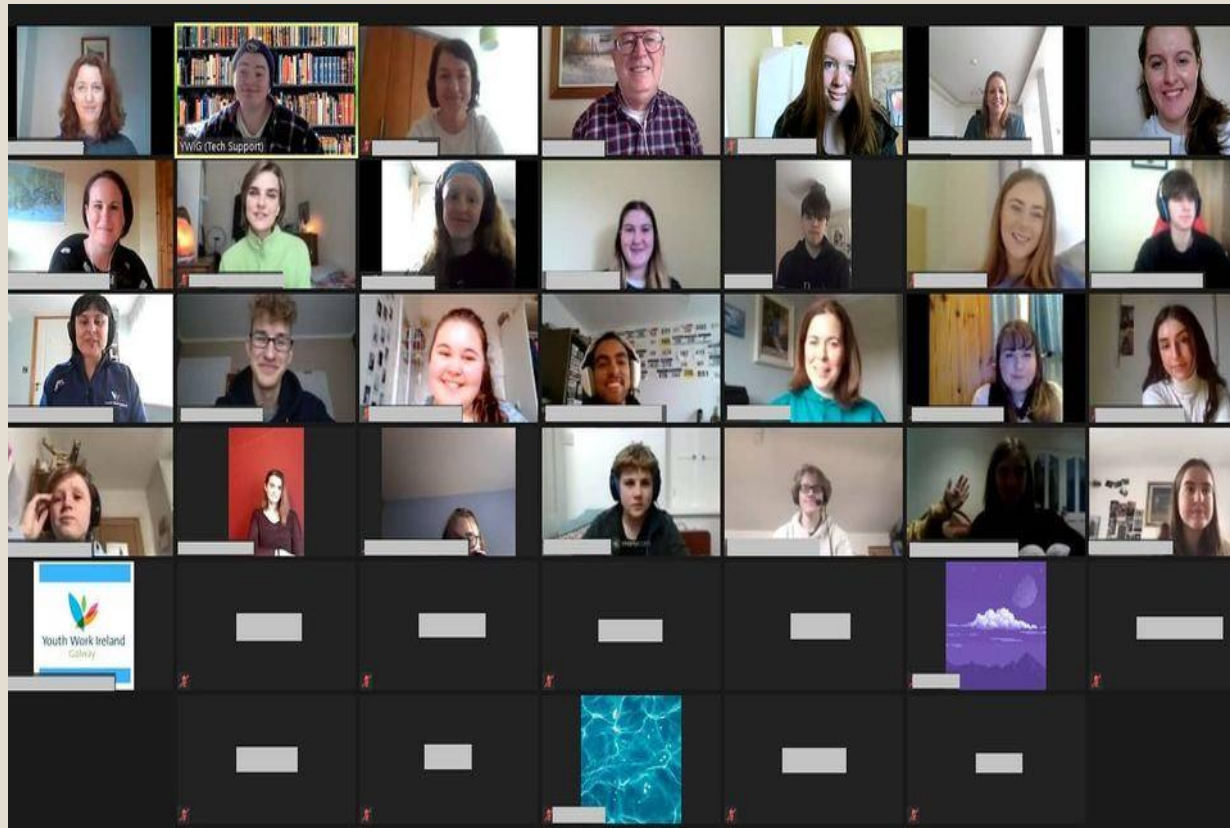


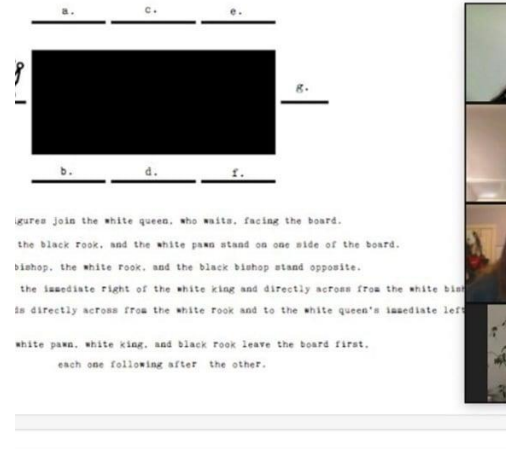
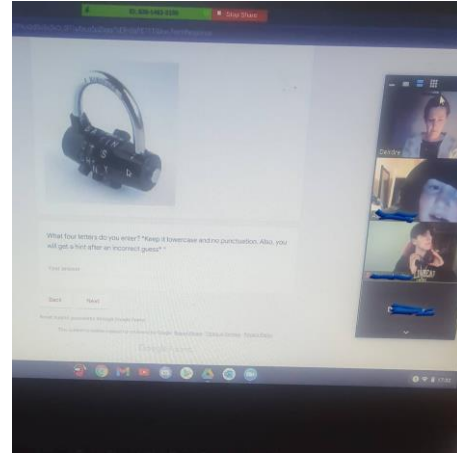
Clár Eanáir Músaich
Creative Ireland
Programme
2017-2022



www.galwaycitymuseum.ie

We also hosted a consultation on the Galway City Development Plan for Galway City Council with the Sauti Youth Project



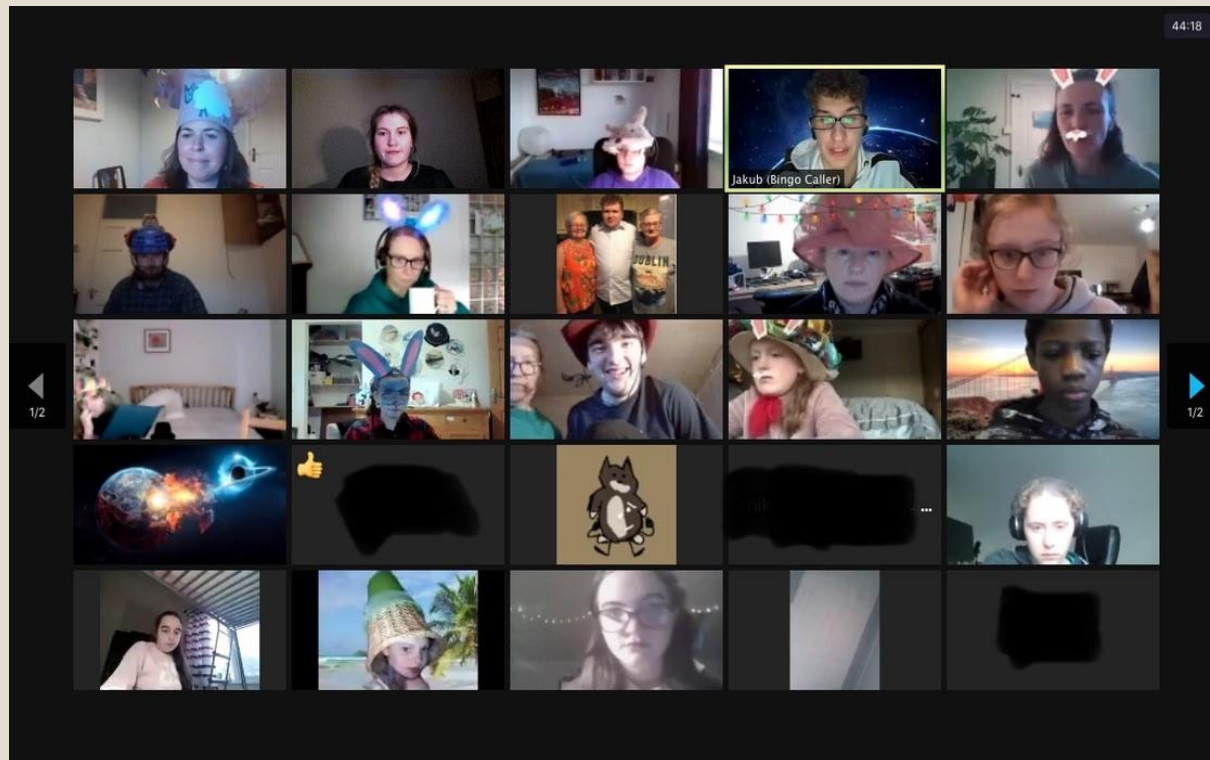


Teambuilding-

- We have taken part in Escape Rooms after our meetings.
- We have played Among Us and plan on playing Pictionary and more escape rooms.
- When lockdown is over, we hope to take part in person team building

We have been taking part in different fun events

Mad Hatters Bingo



Christmas Cracker quiz with Youth Work Ireland Galway

