

WHAT IS COMHAIRLE NA NÓG?



Comhairle na nÓg are youth councils which are based in 31 local authority areas in the country. They give young people and children the opportunity to be involved in the development of local services and policies that affect them. Our members then try to influence local decision makers to achieve their desired outcome, impact or change.

WHO ARE WE?

We are Galway County Comhairle na nÓg and we represent young people aged 12 – 17 years of age from all over County Galway. We are from all from different part of the County as well as different backgrounds, cultures and ethnicities. We meet at least once a month, usually on a Saturday and work on our chosen topic, as voted on by you during our Annual General Meeting.

To give you a taste of what topics we have previously worked on: Challenging Prejudice, Climate Change, and this year, we have been working on the topic of Mental Health & Wellbeing.

WHY JOIN COMHAIRLE?

All children and young people have a right to be heard in all matters affecting them. If you feel like your voice is not being heard, or you would like to be part of something that values what you have to say, then this is the group for you. We seek to include and encourage ALL young people from every background, ethnicity and ability to participate in Comhairle.

HOW DO I JOIN COUNTY GALWAY COMHAIRLE NA NÓG?

Text, Ring or WhatsApp our Coordinator Maria on **087 – 770 7775** or email **eastgalway@youthworkgalway.ie** for more information.



Comhairle Chontae na Gaillimhe
Galway County Council



Youth Work Ireland
Galway

Here is what some of our Comhairle Members have to say about why they joined Comhairle:

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“I wanted to make a change. I felt that I should be more involved in my community than I was and joining a youth council really make me feel like I was doing something important for other people. As for why I stay, that's because of the community. **Everyone was so nice and welcoming, it's a really nice community.**”

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“I joined Comhairle because I wanted to **be more involved in my community**”

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“To be perfectly honest I went to the AGM last year to get the day off school but I thoroughly enjoyed it I met some great new people and learned a lot and since then **I have had a lot of fun doing all things Comhairle**”

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“Comhairle has opened up a **world of opportunities for me.** I have worked on actually making a difference and met loads of likeminded people who want to change the world, no matter how small. Comhairle has easily been one of my best experiences so far.”

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“I joined Comhairle at first to get out of class but after a few meetings, I started to make friends and we began to get to know each other and I haven't regretted it since, I've been a part of so many wonderful things and **met so many amazing people** and come to terms with myself and who I am because of this group and I wouldn't trade it for the world.”

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“I joined Comhairle because it is a great way to meet new people and **also become involved in the community** and work on projects I would have never done before.”

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